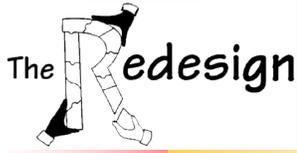


**FREE!**



*Working Together for  
Student and Family Success*

# WARP SPEED: Parenting and Working with Teens in a Digital Age

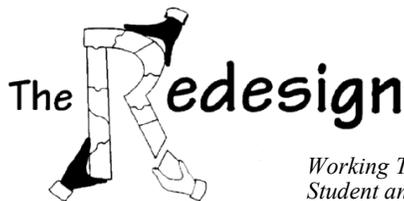


Hazelden Betty Ford  
Foundation

## Warp Speed: Parenting and Working with Teens in a Digital Age

In today's fast paced world, technology is evolving more rapidly than our ability to understand its long-term impact on our society and our kids. In fact, research suggests that frequent use of entertainment technology by young people is actually changing the way the young brain develops and processes things such as impulse control and perception of harm. The unlimited access kids have to technology today allows them to experience an entire world at their fingertips. And while the use of technology certainly has its benefits, there are also applications that put our kids at greater risk for developing problems with things such as drugs and alcohol or bullying. This fun, fast-paced and interactive presentation will provide an overview of how kids are using technology, what they are using, the impact technology is having on social and emotional development, and how to help kids use technology in a balanced and safe way.

This presentation is appropriate for parents, communities, and professionals that work with parents and young people.



*Working Together for  
Student and Family Success*

**Date:** November 21, 2019

**Time:** 6:00—8:00 p.m.

**Location:** Plymouth Middle School Cafeteria  
10011 36th Ave N  
Plymouth, MN 55441

**Cost:** FREE

### To Register by Eventbrite:

<https://www.eventbrite.com/e/warp-speed-parenting-and-working-with-teens-in-a-digital-age-hazelden-betty-ford-foundation-tickets-78194328341>

### Questions or to RSVP by phone: 763-504-4981

Please be aware this event will be video recorded for use by an outside documentary specialist; all participants will be asked to sign a media release.

### INTENDED AUDIENCE:

- Parents/Guardians/Caregivers
- Grandparents/Aunts & Uncles
- Social Workers and Counselors
- Clergy/Faith Leaders
- Public



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Jessica Wong is the National Director of Youth Business Development and Patient Care Network for the Hazelden Betty Ford Foundation. Jessica provides resources and information for families and professionals needing treatment and recovery resources for adolescents and young adults across the country. Jessica has worked at Hazelden Betty Ford for over eleven years and has served in various marketing and outreach capacities. Jessica is a well-known speaker nationally on the topic of teens and technology, and has spoken to parent and professional audiences across the country on this topic. Jessica is also a member of the Hazelden Betty Ford Foundation Institutional Review Board for the Butler Center for Research, and the co-chair of the

Partners in Prevention community coalition and is a Certified Prevention Professional through the state of Minnesota, as well as a Crisis Intervention Counselor. She has a BAA in professional journalism and a minor in sociology of law, crime and deviance from the University of Minnesota School of Journalism and Mass Communication.